

Weekly Planner



Harpurhey
Neighbourhood
Project



HNP Facebook

TIMETABLE CORRECT 15/09/2025. SUBJECT TO CHANGE. CLOSED BANK HOLIDAYS.
0161 566 2690

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>9AM - 12PM</u> INFORMATION, GUIDANCE & ADVICE - BENEFITS AND DEBT DROP IN</p> <p><u>10.30AM - 1PM</u> WARM HUB CAFE- FREE FOOD</p> <p><u>11AM - 12.30PM</u> HEARTBEAT EXERCISE</p> <p><u>1PM - 2PM</u> YOGA OR ONE OFF SESSIONS- RING FOR MORE INFO</p> <p><u>3.30AM - 6.30PM</u> YOUTH CLUB- PLEASE ENQUIRE BEFORE COMING</p>	<p><u>9AM - 12PM</u> INFORMATION, GUIDANCE & ADVICE - BENEFITS AND DEBT DROP IN</p> <p><u>10.00AM - 12PM</u> KNIT AND NATTER</p> <p><u>10.30AM - 12PM</u> STAY AND PLAY</p> <p><u>10.30AM - 2PM</u> FREE-BEE CAFE</p> <p><u>12PM - 2PM</u> MINDGAMES</p> <p><u>12.30PM - 2PM</u> TUESDAY WALKING GROUP</p> <p><u>4.00PM - 7.30PM</u> COMMUNITY EXERCISE</p> <p><u>6PM - 8PM</u> MANDEM MEETUP (EVER OTHER WEEK)</p>	<p><u>9AM - 12PM</u> INFORMATION, GUIDANCE & ADVICE - BENEFITS AND DEBT DROP IN</p> <p><u>12.30PM - 2.30PM</u> GARDENIING</p>	<p><u>9AM - 12PM</u> INFORMATION, GUIDANCE & ADVICE - BENEFITS AND DEBT DROP IN</p> <p><u>10.00AM - 12PM</u> MOSAICS</p> <p><u>10.30AM - 12.30PM</u> REFERRAL FOODBANK</p> <p><u>11.30PM - 1.30PM</u> TENANTS UNION</p> <p><u>12PM - 2PM</u> BEE-LINE CAFE</p> <p><u>1PM - 3PM</u> SEWING</p> <p><u>6PM - 8PM</u> MENOPAUSE GROUP- EVERY OTHER WEEK</p>	<p><u>1PM - 2PM</u> TAI CHI</p>	<p><u>7AM - 10AM</u> SLIMMING WORLD- CONTACT ANDREA 07814876429</p>